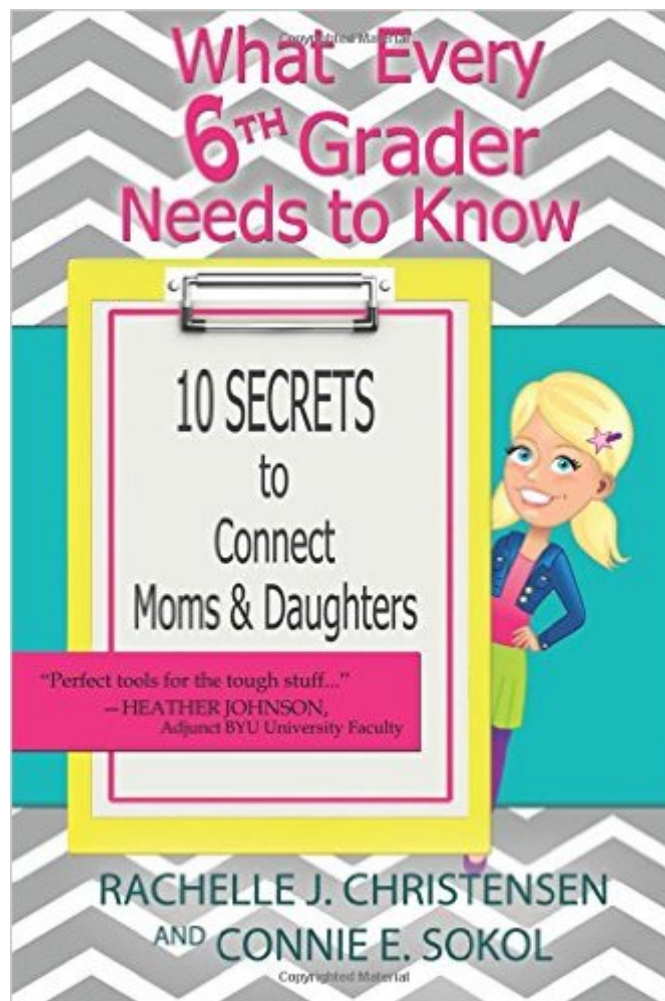


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# What Every 6th Grader Needs To Know: 10 Secrets To Connect Moms & Daughters (What Every Kid Needs To Know) (Volume 1)



## Synopsis

Is your daughter asking questions about friends, peer pressure, school, and even her weight? As a mom, are you wondering how to answer them? Welcome to the club. But you can relax. Because weâ™ve asked real sixth-grade girls to dish on their top secret questions. And, weâ™ve provided time-tested real-life answers that work. Add to that an enjoyable format. The âœJust for Girlsâ • section speaks right to your daughter in words and ways she understands. The âœJust for Momsâ • section talks straight to moms, giving you information, resources, and easy-to-share answers. We include tips for how to start, handle, and enjoy the conversations no matter the situation. Create connected conversations with your daughter as you explore these life questions together. Get plain facts and jumpstart questions. Discuss the provided scenarios so she can practice responses to use in real-time. Download decorative cards with positive statements and fun fill-in sentences. Use What Every Girl Needs to Know About 6th Grade to make it happen. Together, answer questions and create connection. You got this.

## Book Information

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## Customer Reviews

My daughter is going into 6th grade next year and we've read the book together. It is such an uplifting book for a young girl. The topics are timely and age appropriate. We've discussed everything from her looks, to annoying boys, to mean girls, to body changes, and everything in between. The fill in the blank self affirmations are the highlights in my opinion. I'm very grateful to

the mothers who took time to put this together for the rest of us and our growing daughters. I'd say any middle school age girl would benefit from this book.

I really enjoyed reading this book. It's set up in two sections, the daughter's section and the mom's section. The daughter's section gives her tons of information and even the point of view of her peers on things such as peer pressure, weight issues and how to talk with both her friends and her mom. The mom's section goes back over some of those things with ways for the mom to talk to the daughter and ways that mom's can make these natural changes the girls face easier to deal with. I loved the way that they explain to the girls the things that are going to happen to their body and also in their minds, the way they do it makes it seem almost effortless and natural. This book is awesome! I wish that I had had it when my first daughter was in 6th grade, but I know that when our younger daughter is in 6th grade I'll have this great resource to re-read and give her to read as well.

This is a fantastic book. It's a handbook that is equally valuable to both mom and daughter. There are helpful tips for starting conversations with your 6th grade daughter. Studies were cited that added excellent additional insight. I liked the Just for Moms section and I loved the perspective that came from the Kidspeak sections. For me, reading this book was like listening to suggestions from a very friendly, wise and experienced older sister who has successfully made it through her daughter's 6th grade year. It is a great guide for both mother and daughter to happily navigate through this challenging but cherished year. There were some extra special things that stood out to me in this book that I hadn't read or heard anywhere else: Chapter 5: Peaches and Puberty Analogy Chapter 7: True Friend Acronym Chapter 8: Pecking Order/Popular Hen Analogy; Blue Shirt/Green Shirt Peer Pressure Analogy If you have a daughter headed to 6th grade, you need this book!

Open communication between a mother and daughter is SO VITAL today, even if it's about those awkward and difficult situations. This book is a great starting place to get those conversations rolling. It's a fabulous tool for both mothers and daughters to understand the perspective of another, learn from each other, and either begin or continue to have amazing conversations about the things that really matter! Parenthood is not for the faint of heart and every tool I can add to my parenting tool belt to help me on this journey is valuable! This is certainly one of those tools to keep on hand and use often!

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